Futsal League COVID Restrictions and Guidelines

**General information**

* Participants, coaches, managers or other team personnel should stay home if they are sick or showing any symptoms of COVID-19.

**Spectators**

* NO Spectators allowed with the exception of U12 games and younger where one adult must accompany the participant.

**Daily Screenings**

* If an individual (participant, parent, coach/staff) has a temperature above 100.3 F, or has a positive response to the health check, that individual must stay home and not attend sessions.
* The health check in TeamSnap must be completed for each participant before entering facility.
* ADULT LEAGUE: Participants must be able truthfully answer NO to the below as well as submit to temperature screening when entering the facility:
  + Have you experienced a fever of 100.4ºF or greater in the past 14 days?
  + Have you received a positive result from a COVID-19 test within the past 14 days?
  + In the past 14 days, have you been in close contact with anyone that has or had symptoms of COVID-19 that required you to quarantine?
  + In the past 14 days, have you or someone you have been in close contact with traveled to an area that required quarantine upon return?
  + In the past 14 days, have you experienced any of these symptoms that are not attributed to another health condition: cough, loss of smell or taste, runny nose, shortness of breath, or a sore throat?

**Disinfecting Equipment/Sanitization**

* Wash your hands with soap and water (for 20 seconds or longer), or use a hand sanitizer if soap and water are not readily available, before going to the court/field.
* Clean and wipe down team equipment. Equipment must be disinfected before, during, and after each use during your practice/competition.
* No shared personal equipment, such as water bottles, hats, helmets, bags, gloves, towels,etc
* Hand sanitizer is available at entry table.

**Masks**

* Mask are required to be worn by all while in the facility including players/participants as all times.
* **Exception: Referees and coaches while actively giving instructions or officiating and ensure social distancing is being maintained when possible. Masks must be worn at all other times.**

**Social Distancing**

* **As indicated above sessions will include essential personnel and participants only.**
* **Exception: Participants 12 and younger must be accompanied by one adult.**
* Appropriate social distancing (minimum 6 feet) must be maintained on all areas used for practice. They must consciously stand at least six feet apart when not participating in a drill or activity that requires closer contact, and should avoid confined areas if social distancing cannot occur.
* No handshakes, high-fives, fist bumps, or elbow bumps.
* Intentionally keep water bottles a minimum of 6 feet apart so that social distancing can occur during breaks.